

YEAR 11



ASHLAWN
SCHOOL

BOOST 

REVISION, INTERVENTION, STUDY SKILLS, COURSEWORK

ALL YOU NEED TO PREPARE FOR YEAR 11 SUCCESS

#THEASHLAWNWAY



ASHLAWN
SCHOOL



BOOST



REVISION, INTERVENTION, STUDY SKILLS, COURSEWORK

ALL YOU NEED TO PREPARE FOR YEAR 11 SUCCESS

After School Boost Programme

You are invited to attend the revision sessions as per the attached timetable. You will be able to see a more detailed breakdown of what will be covered in each session by clicking on the subject or the subject plan, or by talking to your subject teachers.

Pre Mock and Pre Summer Exam Boost Sessions

You are also welcome to join pre-exam Boost sessions during the Mock Exam and Summer Exam periods. These will be held in the upstairs canteen for Core exams like English, Maths and Science

Coursework Boost Clinics

These will be held after school or at lunchtime and are a great opportunity for you to receive individual guidance to improve the quality of your work and to make sure it meets the deadline.

Focused Intervention Sessions

These will take place at breaktime, lunchtime or after school. You will be invited to the sessions that are relevant to you.

Exam Preparation Groups

You may be invited to a small group with our Inclusion Team. The focus might be around mindfulness or managing exam stress. You might also look at preparing for exams and ensuring you feel as comfortable and prepared as possible.

Please contact us if you feel these sessions might be helpful for you.

Walking Talking Mocks

A series of Walking Talking Mocks will be made available to give you further opportunity to prepare for your exams under exam conditions but low stakes and as a supportive process by your teachers.

YEAR 11

BOOST



THE IMPORTANCE OF PRE-EXAM BOOST SESSIONS

WHAT ARE PRE-EXAM BOOST SESSIONS?

THESE SESSIONS ARE PLANNED TO PREPARE STUDENTS FOR THE EXAM THEY ARE ABOUT TO TAKE AND TO ALLOW THEM TO FOCUS ON THE SPECIFICS OF THE STRUCTURE OF THE EXAM AS A REMINDER BEFORE THEY GO IN.

WHEN WILL THEY TAKE PLACE?

THESE MAY TAKE PLACE THE DAY BEFORE AN EXAM, AFTER SCHOOL OR ON THE MORNING OF THE EXAM STARTING AT 8.15AM.

PRE-EXAM BOOST SESSIONS WILL TAKE PLACE PRIOR TO BOTH MOCK EXAMS AS WELL AS THE FINAL GCSE EXAMS IN THE SUMMER.

WHERE WILL THEY TAKE PLACE?

FOR MORNING EXAMS PRE-EXAM BOOST SESSIONS WILL TAKE PLACE IN EITHER THE UPSTAIRS CANTEEN FOR THE CORE EXAMS OR CLASSROOMS FOR OTHER SUBJECTS

(CORE SUBJECTS ARE ENGLISH, MATHS & SCIENCE)

PREPARATION:

WE WILL PROVIDE STUDENTS WITH A SNACK AND DRINK TO ENSURE THEY HAVE EATEN AND ARE HYDRATED PRIOR TO THEIR EXAMS.

YEAR 11 BOOST

PRE-MOCK EXAM BOOST SESSIONS

ENGLISH PRE-EXAM BOOST

MOCK EXAM DATE	PRE-MOCK BOOST SESSION
ENGLISH LANGUAGE 04/12 (AM)	04/12 BREAKFAST "BOOST"
ENGLISH LITERATURE 06/12 (AM)	06/12 BREAKFAST "BOOST"
MEDIA 04/12 (PM)	28/11 'WALK THROUGH MOCK'

MATHS PRE-EXAM BOOST

MOCK EXAM DATE	PRE-MOCK BOOST SESSION
MATHS CAL. 02/12 (PM)	26/11 AFTER SCHOOL "BOOST"
MATHS NON-CAL. 11/12 (PM)	10/12 AFTER SCHOOL "BOOST"
FURTHER MATHS N/A	

SCIENCE PRE-EXAM BOOST

MOCK EXAM DATE	PRE-MOCK BOOST SESSION
BIOLOGY 03/12 (PM)	
CHEMISTRY 02/12 (AM)	02/12 BREAKFAST "BOOST"
PHYSICS 05/12 (AM)	05/12 BREAKFAST "BOOST"

LANGUAGES PRE-EXAM BOOST

MOCK EXAM DATE	PRE-MOCK BOOST SESSION
FRENCH 05/12 (PM) & 10/12 (AM)	05/12 & 10/12 AM "BOOST"
GERMAN 05/12 (PM) & 09/12 (AM)	05/12 & 09/12 AM "BOOST"
SPANISH 05/12 (PM) & 09/12 (PM)	05/12 & 09/12 AM "BOOST"

HUMANITIES PRE-EXAM BOOST

MOCK EXAM DATE	PRE-MOCK BOOST SESSION
GEOGRAPHY 06/12 (PM) & 10/12 (PM)	
HISTORY 06/12 (PM) & 10/12 (PM)	
PSYCHOLOGY 12/12 (AM) & 13/12 (AM)	
RS 03/12 (AM)	02/12 A/S 03/12 (AM)

THE ARTS PRE-EXAM BOOST

MOCK EXAM DATE PRE-MOCK BOOST SESSION

NO MOCK EXAMS IN THIS MOCK EXAM WINDOW

PE & HEALTH PRE-EXAM BOOST

MOCK EXAM DATE	PRE-MOCK BOOST SESSION
GCSE PE 04/12 (PM)	
11/12 (AM)	11/12 BREAKFAST "BOOST"
BTEC SPORT 04/12 (PM)	03/12 AFTER SCHOOL "BOOST"
HEALTH & SOCIAL CARE/CHILD DEVELOPMENT N/A	

STEM PRE-EXAM BOOST

MOCK EXAM DATE	PRE-MOCK BOOST SESSION
COMPUTER SCIENCE 11/12 (AM)	13/12 (AM)
BUSINESS 04/12 (PM)	03/12 AFTER SCHOOL "BOOST"
DESIGN TECHNOLOGY N/A	
ENGINEERING 04/12 (PM)	



HOW CARERS CAN SUPPORT THEIR CHILDREN

1. CREATE A POSITIVE STUDY ENVIRONMENT

- **ACTION:** SET UP A QUIET, COMFORTABLE, AND DISTRACTION-FREE WORKSPACE. INCLUDING GOOD LIGHTING AND RESOURCES LIKE STATIONERY AND FLASHCARDS
- **WHY:** A DEDICATED, ORGANIZED SPACE HELPS STUDENTS FOCUS AND REDUCES STRESS.

2. ENCOURAGE A BALANCED REVISION SCHEDULE

- **ACTION:** HELP YOUR CHILD CREATE A REALISTIC TIMETABLE WITH BREAKS AND VARIED SUBJECTS. USE TOOLS LIKE ADAPT OR PRINTED PLANNERS.
- **WHY:** AVOIDING CRAMMING REDUCES BURNOUT AND IMPROVES RETENTION THROUGH SPACED REPETITION AND EXAMS.

3. PROMOTE HEALTHY EATING HABITS

- **ACTION:** PROVIDE BALANCED MEALS AND SNACKS RICH IN BRAIN-BOOSTING NUTRIENTS (E.G., NUTS, FRUITS, WHOLE GRAINS).
- **WHY:** NUTRITION PLAYS A CRUCIAL ROLE IN CONCENTRATION AND ENERGY LEVELS DURING REVISION

4. ENCOURAGE REGULAR EXERCISE

- **ACTION:** ENCOURAGE YOUR CHILD TO TAKE REGULAR BREAKS FOR PHYSICAL ACTIVITY, SUCH AS A WALK, YOGA, OR SPORTS.
- **WHY:** EXERCISE REDUCES STRESS, IMPROVES MOOD, AND BOOSTS COGNITIVE FUNCTION.

5. PRIORITISE SLEEP

- **ACTION:** SET A CONSISTENT BEDTIME ROUTINE AND LIMIT SCREEN TIME AN HOUR BEFORE BED.
- **WHY:** SLEEP IS CRITICAL FOR MEMORY CONSOLIDATION AND EMOTIONAL WELL-BEING.

6. PROVIDE EMOTIONAL SUPPORT

- **ACTION:** REGULARLY CHECK IN WITH YOUR CHILD ABOUT THEIR FEELINGS AND WORKLOAD. AVOID PUTTING UNDUE PRESSURE ON THEM.
- **WHY:** EMOTIONAL REASSURANCE CAN REDUCE ANXIETY AND BUILD CONFIDENCE.

7. OFFER PRACTICAL HELP

- **ACTION:** TEST THEM USING FLASHCARDS, READ THROUGH ESSAYS, OR HELP ORGANIZE REVISION MATERIALS.
- **WHY:** ACTIVE INVOLVEMENT SHOWS SUPPORT AND CAN REINFORCE THEIR UNDERSTANDING OF KEY CONCEPTS.

8. LIMIT DISTRACTIONS

- **ACTION:** ENCOURAGE A DISTRACTION-FREE ENVIRONMENT BY MANAGING NOISE, LIMITING SOCIAL MEDIA, AND ESTABLISHING "STUDY HOURS."
- **WHY:** DISTRACTIONS HINDER FOCUS AND PRODUCTIVITY.

9. PREPARE FOR EXAM DAY

- **ACTION:** ENSURE YOUR CHILD HAS EXAM ESSENTIALS READY (E.G., PENS, ID, WATER BOTTLE) AND ARRIVES EARLY. PRACTICE RELAXATION TECHNIQUES IF THEY'RE ANXIOUS.
- **WHY:** BEING PREPARED REDUCES STRESS AND SETS THE TONE FOR A CALM EXAM EXPERIENCE.



ASHLAWN
SCHOOL

YEAR 11

BOOST



REVISION, INTERVENTION, STUDY SKILLS, COURSEWORK

ALL YOU NEED TO PREPARE FOR YEAR 11 SUCCESS

USE THE LINKS BELOW TO FIND BOOST INFORMATION FOR EACH FACULTY AND OTHER USEFUL REVISION LINKS

FULL YEAR 11 BOOST TIMETABLE

ENGLISH & MEDIA BOOST

SCIENCE BOOST

MATHS BOOST

LANGUAGES BOOST

HUMANITIES BOOST

THE ARTS BOOST

PE & HEALTH BOOST

STEM BOOST

REVISION SKILLS

USEFUL GCSE WEB LINKS

INFORMATION FOR PARENTS

YEAR 11

BOOST



REVISION, INTERVENTION, STUDY SKILLS, COURSEWORK
ALL YOU NEED TO PREPARE FOR YEAR 11 SUCCESS



ASHLAWN
SCHOOL

#OURBESTALWAYS

BOOST TIMETABLE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>EXAM BOOST SESSIONS</p> <p>TAKE PLACE WEEK 1 AND WEEK 2</p>	<p>AFTER SCHOOL: HISTORY BUSINESS (JAN)</p>	<p>AFTER SCHOOL: SCIENCE (INVITE ONLY CURRENTLY- FROM 2ND WEEK OF JAN OPEN INVITE) RS DROP-INS MATHS FURTHER MATHS (FROM JAN)</p>	<p>AFTER SCHOOL: GEOGRAPHY (SEE PLAN) RS DROP-INS MATHS KS4 DROP INS ENGLISH BOOST "CAROUSEL"</p>	<p>BREAK: GERMAN VOCAB (F & H) FRENCH VOCAB (F & H) GEOGRAPHY (SEE PLAN) AFTER SCHOOL: DESIGN TECHNOLOGY FRENCH (F EXAM SKILLS) RS DROP-INS</p>	<p>AFTER SCHOOL: FRENCH (H EXAM SKILLS) GERMAN (F & H) SPANISH</p>
<p>COURSEWORK CLINICS</p>			<p>AFTER SCHOOL: MEDIA</p>	<p>AFTER SCHOOL: HEALTH & SOCIAL CHILD DEVELOPMENT</p>	<p>LUNCH: PHYSICAL EDUCATION</p> <p>AFTER SCHOOL: BTEC SPORT</p>

PLEASE SCROLL DOWN TO CHECK THE FACULTY BOOST PAGES FOR SUBJECT SPECIFIC INFORMATION

ENGLISH & MEDIA

ALL YOU NEED TO PREPARE FOR YEAR
11 SUCCESS IN ENGLISH / MEDIA



ASHLAWN
SCHOOL

ENGLISH & MEDIA REVISION PLAN

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUTUMN HT 2 NOV - DEC					
SPRING HT 1 JAN - FEB			ENGLISH BOOST "CAROUSEL" [WEST CORRIDOR]		
SPRING HT 2 MAR - APR			ENGLISH BOOST "CAROUSEL" [WEST CORRIDOR]		
SUMMER HT 1 MAY			ENGLISH BOOST "CAROUSEL" [WEST CORRIDOR]		

	MOCK EXAM DATE	PRE-MOCK REVISION SESSION	SUMMER EXAM DATE	PRE-SUMMER EXAM REVISION SESSION
ENGLISH LANGUAGE	04/12 (AM)		23/05 (AM)/06/06 (AM)	WEEKLY BOOST "CAROUSELS" AND PRE-EXAM BREAKFAST "BOOST" REVISION SESSIONS WILL RUN
ENGLISH LITERATURE	06/12 (AM)	BREAKFAST "BOOST" SESSION ON THE MORNING OF THE EXAM	12/05 (AM) / 20/05 (AM)	WEEKLY BOOST "CAROUSELS" AND PRE-EXAM BREAKFAST "BOOST" REVISION SESSIONS WILL RUN
MEDIA	04/12 (PM)			

MATHS BOOST

ALL YOU NEED TO PREPARE FOR YEAR
11 SUCCESS IN MATHS

MATHS REVISION PLAN

#challengeourselves

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUTUMN HT 2 NOV - DEC		DECEMBER MOCK REVISION (CANTEEN)	KS4 DROP IN (E5)		
SPRING HT 1 JAN - FEB		PAST PAPER SOCIETY (IN LESSONS AND AFTER SCHOOL CANTEEN) FURTHER MATHS AFTER SCHOOL (STUDY HUB)	KS4 DROP IN (E5)		
SPRING HT 2 MAR - APR		PAST PAPER SOCIETY (IN LESSONS AND AFTER SCHOOL CANTEEN) FURTHER MATHS AFTER SCHOOL (STUDY HUB)	KS4 DROP IN (E5)		
SUMMER HT 1 MAY		PAST PAPER SOCIETY (IN LESSONS AND AFTER SCHOOL CANTEEN) FURTHER MATHS AFTER SCHOOL (STUDY HUB)	KS4 DROP IN (E5)		

	MOCK EXAM DATE	PRE-MOCK REVISION SESSION	SUMMER EXAM DATE	PRE-SUMMER EXAM REVISION SESSION
MATHS	02/12 (PM) NON CAL. 11/12 (PM) CAL.	26/11 AFTER SCHOOL 10/12 AFTER SCHOOL	15/5 AM 6/6 AM 11/6 AM	13/5 AFTER SCHOOL, 15/5 BREAKFAST 3/6 AFTER SCHOOL, 4/6 BREAKFAST 10/6 AFTER SCHOOL, 11/6 BREAKFAST
FURTHER MATHS	N/A	N/A	12/6 PM 18/6 AM	10/6 AFTER SCHOOL 17/6 AFTER SCHOOL. 18/6 BREAKFAST

SCIENCE BOOST

ALL YOU NEED TO PREPARE FOR YEAR
11 SUCCESS IN SCIENCE

SCIENCE REVISION PLAN

#challengeourselves

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUTUMN HT 2 NOV - DEC		INVITE ONLY SESSIONS AFTER SCHOOL			
SPRING HT 1 JAN - FEB		OPEN INVITE SESSIONS: WEEK 1 X BAND, WEEK 2 Y BAND			
SPRING HT 2 MAR - APR		OPEN INVITE SESSIONS: WEEK 1 X BAND, WEEK 2 Y BAND			
SUMMER HT 1 MAY					

	MOCK EXAM DATE	PRE-MOCK REVISION SESSION	SUMMER EXAM DATE	PRE-SUMMER EXAM REVISION SESSION
BIOLOGY	03/12 (PM)			
CHEMISTRY	02/12 (AM)	BREAKFAST BOOST SESSION IN THE UPSTAIRS CANTEEN THE MORNING OF THE EXAM		
PHYSICS	05/12 (AM)			

LANGUAGES BOOST



ALL YOU NEED TO PREPARE FOR YEAR
11 SUCCESS IN LANGUAGES

LANGUAGES REVISION PLAN

#challengeourselves

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUTUMN HT 2 NOV - DEC				(BREAK TIME) FR VOCAB F+H, GERMAN VOCAB (AFTER SCHOOL) FR FOUNDATION EXAM SKILLS	(AFTER SCHOOL) FR HIGHER EXAM SKILLS (AFTER SCHOOL) GERMAN, SPANISH
SPRING HT 1 JAN - FEB				(BREAK TIME) FR VOCAB F+H, GERMAN VOCAB (AFTER SCHOOL) FR FOUNDATION EXAM SKILLS	(AFTER SCHOOL) FR HIGHER EXAM SKILLS (AFTER SCHOOL) GERMAN, SPANISH
SPRING HT 2 MAR - APR				(BREAK TIME) FR VOCAB F+H, GERMAN VOCAB (AFTER SCHOOL) FR SPEAKING	(AFTER SCHOOL) FR SPEAKING (AFTER SCHOOL) GERMAN, SPANISH
SUMMER HT 1 MAY				(BREAK TIME) FR VOCAB F+H, GERMAN VOCAB (AFTER SCHOOL) FR FOUNDATION EXAM SKILLS	(AFTER SCHOOL) FR HIGHER EXAM SKILLS (AFTER SCHOOL) GERMAN, SPANISH

	MOCK EXAM DATE	PRE-MOCK REVISION SESSION	SUMMER EXAM DATE	PRE-SUMMER EXAM REVISION SESSION
FRENCH	W: 05/12 (PM) L&R: 10/12 (AM)	05/12 BREAKFAST "BOOST" SESSION 10/12 BREAKFAST "BOOST" SESSION	L&R : 21/05 W: 05/06	
GERMAN	W: 05/12 (PM) L&R: 09/12 (AM)	05/12 BREAKFAST "BOOST" SESSION 09/12 BREAKFAST "BOOST" SESSION		
SPANISH	W: 05/12 (PM) L&R: 09/12 (PM)	05/12 BREAKFAST "BOOST" SESSION 09/12 BREAKFAST "BOOST" SESSION		

HUMANITIES BOOST



ALL YOU NEED TO PREPARE FOR YEAR
11 SUCCESS IN HUMANITIES

HUMANITIES REVISION PLAN

#challengeourselves

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUTUMN HT 2 NOV - DEC	HISTORY			GEOGRAPHY	
SPRING HT 1 JAN - FEB	HISTORY			GEOGRAPHY	
SPRING HT 2 MAR - APR	HISTORY			GEOGRAPHY	
SUMMER HT 1 MAY	HISTORY	RS DROP-INS	RS DROPS-INS	RS DROP-INS	

	MOCK EXAM DATE	PRE-MOCK REVISION SESSION	SUMMER EXAM DATE	PRE-SUMMER EXAM REVISION SESSION
GEOGRAPHY	06/12 (PM) 10/12 (PM)			
HISTORY	06/12 (PM) 10/12 (PM)			
PSYCHOLOGY	12/12 (AM) 13/12 (AM)	11/12 - AFTER SCHOOL DROP-IN IN PS2		
RELIGIOUS STUDIES	03/12 (AM)	02/12 - AFTER SCHOOL DROP-IN IN W17. 03/12 PRE-EXAM MORNING REVISION IN W17/W15		

THE ARTS BOOST

ALL YOU NEED TO PREPARE FOR YEAR
11 SUCCESS IN THE ARTS

THE ARTS REVISION PLAN

#challengeourselves

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUTUMN HT 2 NOV - DEC					
SPRING HT 1 JAN - FEB					
SPRING HT 2 MAR - APR					
SUMMER HT 1 MAY					

	MOCK EXAM DATE	PRE-MOCK REVISION SESSION	SUMMER EXAM DATE	PRE-SUMMER EXAM REVISION SESSION
ART / PHOTOGRAPHY				
MUSIC				
DRAMA / PERFORMING ARTS	ADDITIONAL PERFORMANCE OPPORTUNITIES MADE AVAILABLE PRIOR TO SUMMER EXAM			
DANCE				
FOOD & NUTRITION				

PE & HEALTH BOOST

ALL YOU NEED TO PREPARE FOR YEAR
11 SUCCESS IN PE & HEALTH



PE & HEALTH REVISION PLAN

#challengeourselves

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUTUMN HT 2 NOV - DEC		BTEC- COMPONENT 1 INTERVENTION	HEALTH & SOCIAL CARE/CHILD DEVELOPMENT - AFTER SCHOOL IT6 [4/12,]	HEALTH & SOCIAL CARE/CHILD DEVELOPMENT - AFTER SCHOOL IT6 [14/11, 21/11, 28/11, 12/12]	
SPRING HT 1 JAN - FEB				GCSE PE - AFTER SCHOOL S6 EVERY WEEK 3:40-4:30PM	
SPRING HT 2 MAR - APR				GCSE PE - AFTER SCHOOL S6 EVERY WEEK 3:40-4:30PM	
SUMMER HT 1 MAY				GCSE PE - AFTER SCHOOL S6 EVERY WEEK	

	MOCK EXAM DATE	PRE-MOCK REVISION SESSION	SUMMER EXAM DATE	PRE-SUMMER EXAM REVISION SESSION
GCSE PE	04/12 (PM) 11/12 (AM)	11/12 BREAKFAST BOOST SESSION - S6	19/05 09/06	BREAKFAST BOOST SESSION FOR EACH EXAM 8:00-8:30 AM - S6
BTEC SPORT	04/12 (PM)	03/12 AFTER SCHOOL BOOST SESSION -S6	08/05	
HEALTH & SOCIAL CARE - R032	N/A		20/05 (PM)	19/5 AFTER SCHOOL BOOST SESSION - W20
CHILD DEVELOPMENT -	N/A		04/06 (PM)	4/6 LUNCHTIME BOOST SESSION - W20

STEM BOOST

ALL YOU NEED TO PREPARE FOR YEAR
11 SUCCESS IN STEM

STEM REVISION PLAN

#challengeourselves

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUTUMN HT 2 NOV - DEC					
SPRING HT 1 JAN - FEB	BUSINESS				
SPRING HT 2 MAR - APR					
SUMMER HT 1 MAY	BUSINESS				

	MOCK EXAM DATE	PRE-MOCK REVISION SESSION	SUMMER EXAM DATE	PRE-SUMMER EXAM REVISION SESSION
COMPUTER SCIENCE	11/12 (AM) 13/12 (AM)			
BUSINESS	04/12 (PM)	03/12 AFTER SCHOOL BOOST SESSION IT1	9/05 (PM) 16/05 (PM)	08/05 AFTER SCHOOL BOOST SESSION IT1 15/05 AFTER SCHOOL BOOST SESSION IT1
DESIGN TECHNOLOGY	N/A			
ENGINEERING	04/12 (PM)			

YEAR 11 **BOOST**

TIPS & SKILLS TO BOOST YOUR REVISION!

- **CREATE A REVISION TIMETABLE:** A TIMETABLE HELPS YOU COVER ALL THE MATERIAL AT A STEADY PACE AND FEEL PREPARED FOR EVERY EXAM.
- **START EARLY:** STARTING EARLY GIVES YOU MORE TIME TO ABSORB THE MATERIAL AND SOLIDIFY YOUR UNDERSTANDING.
- **CREATE REVISION NOTES:** WELL-ORGANIZED AND CONCISE NOTES CAN HELP YOU REMEMBER FACTS.
- **USE FLASHCARDS:** FLASHCARDS CAN HELP YOU REMEMBER WORDS, DEFINITIONS, FACTS, AND QUOTES.
- **USE THE POMODORO TECHNIQUE:** THIS TIME MANAGEMENT METHOD INVOLVES WORKING IN FOCUSED INTERVALS, CALLED "POMODOROS," FOLLOWED BY SHORT BREAKS.
- **USE STUDY GUIDES:** STUDY GUIDES CAN BE BOOKS OR ONLINE RESOURCES. SOME POPULAR RESOURCES INCLUDE CGP, BBC BITESIZE, AND HODDER REVISION NOTES, SPARKNOTES.
- **USE PAST PAPERS:** PRACTICE PAPERS HELP YOU FAMILIARIZE YOURSELF WITH THE FORMAT OF THE EXAM AND PRACTICE YOUR TIMING.
- **TAKE BREAKS:** TAKING BREAKS CAN HELP YOU REMEMBER IMPORTANT THINGS AND AVOID LAST-MINUTE STRESS.
- **MOVE AROUND:** MOVING AROUND CAN HELP WITH REVISION.
- **REVISE WITH OTHERS:** REVISING WITH OTHERS CAN BE HELPFUL.



1. ACTIVE RECALL

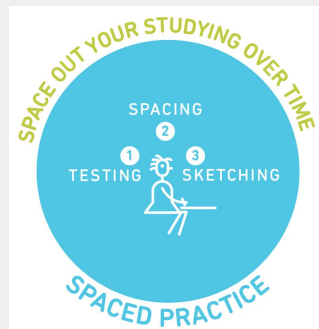
- **DESCRIPTION:** TESTING YOURSELF ON KNOWLEDGE TO ACTIVELY RETRIEVE INFORMATION.
- **EXAMPLE:** USE FLASHCARDS WITH QUESTIONS ON ONE SIDE AND ANSWERS ON THE OTHER. FOR EXAMPLE, WRITE “WHAT IS OSMOSIS?” ON ONE SIDE AND THE DEFINITION ON THE OTHER. TEST YOURSELF REPEATEDLY.



[LINK TO RETRIEVAL PRACTICE INFORMATION](#)

2. SPACED REPETITION/PRACTICE

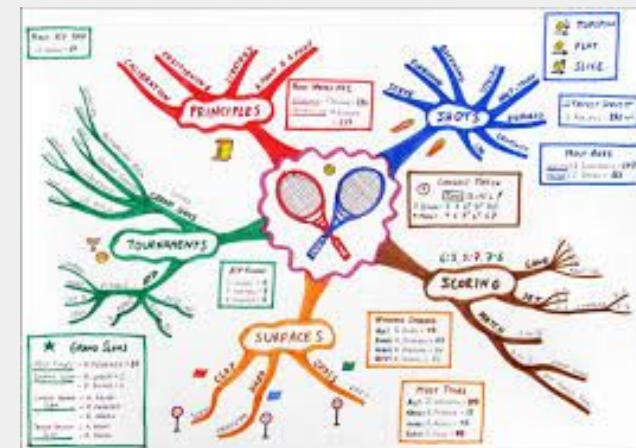
- **DESCRIPTION:** REVISITING INFORMATION OVER INCREASING INTERVALS TO ENHANCE MEMORY RETENTION.
- **EXAMPLE:** CREATE A REVISION TIMETABLE WHERE KEY TOPICS ARE REVISITED WEEKLY, THEN BIWEEKLY, THEN MONTHLY. FOR INSTANCE, REVIEW PYTHAGORAS’ THEOREM WEEKLY AT FIRST, THEN EVERY TWO WEEKS.



[LINK TO SPACED PRACTICE INFORMATION](#)

3. MIND MAPPING

- **DESCRIPTION:** VISUAL REPRESENTATION OF KEY CONCEPTS AND THEIR CONNECTIONS.
- **EXAMPLE:** FOR A HISTORY TOPIC LIKE WORLD WAR II, START WITH "CAUSES OF WWII" IN THE CENTER AND BRANCH OUT INTO KEY EVENTS, DATES, AND FIGURES.



[LINK TO WEBSITES TO HELP CREATE MIND MAPS](#)



4. PAST PAPER PRACTICE

- **DESCRIPTION:** COMPLETING PAST EXAM PAPERS TO FAMILIARIZE YOURSELF WITH EXAM FORMATS AND QUESTIONS.
- **EXAMPLE:** DOWNLOAD GCSE PAST PAPERS FOR SCIENCE, COMPLETE THEM UNDER TIMED CONDITIONS, AND CHECK YOUR ANSWERS USING THE MARK SCHEME.



[LINK TO AQA GCSE PAST PAPERS & MARK SCHEMES](#)

[LINK TO EDEXCEL PEARSON GCSE PAST PAPERS & MARK SCHEMES](#)

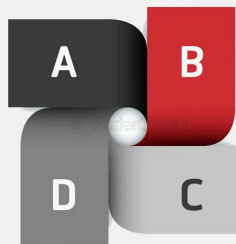
[LINK TO OCR GCSE PAST PAPERS & MARK SCHEMES](#)

5. CHUNKING

- **DESCRIPTION:** BREAKING INFORMATION INTO MANAGEABLE CHUNKS.
- **EXAMPLE:** DIVIDE BIOLOGY INTO SMALL SECTIONS, LIKE CELL BIOLOGY, THEN FOCUS ON MASTERING EACH SECTION OVER A FEW DAYS.

How Chunking Helps with Information Retention

Chunking helps to reduce cognitive load



Chunking helps to create meaningful patterns

Chunking can be used in a variety of contexts

Chunking helps to improve working memory

[LINK TO CHUNKING INFORMATION](#)

6. MNEMONICS

- **DESCRIPTION:** CREATING ACRONYMS, RHYMES, OR ASSOCIATIONS TO REMEMBER INFORMATION.
- **EXAMPLE:** FOR THE ORDER OF THE PLANETS, USE "MY VERY EDUCATED MOTHER JUST SERVED US NACHOS" (MERCURY, VENUS, EARTH, MARS, JUPITER, SATURN, URANUS, NEPTUNE).

Mnemonics - Teaching Strategy
 Help students retrieve information using this memory technique

Why Use Mnemonics? Short term memory can only hold limited information

How to Incorporate? PEMDAS

MEMORY EXPERTS USE MNEMONIC TECHNIQUES TO MEMORIZE HUGE AMOUNTS OF INFORMATION

Mnemonics are cues for memory retrieval

By grouping smaller bits of information into larger groups, more information is retained

Example: A hand holding a paintbrush painting the word 'Exam'.

[LINK TO MNEMONICS INFORMATION](#)



7. TEACHING OTHERS

- **DESCRIPTION:** EXPLAINING CONCEPTS TO SOMEONE ELSE TO SOLIDIFY UNDERSTANDING.
- **EXAMPLE:** TEACH A SIBLING OR FRIEND THE PROCESS OF MITOSIS, BREAKING IT INTO PHASES LIKE PROPHASE, METAPHASE, ANAPHASE, AND TELOPHASE.



[LINK TO PEER TEACHING INFORMATION](#)

8. CREATING SUMMARY NOTES

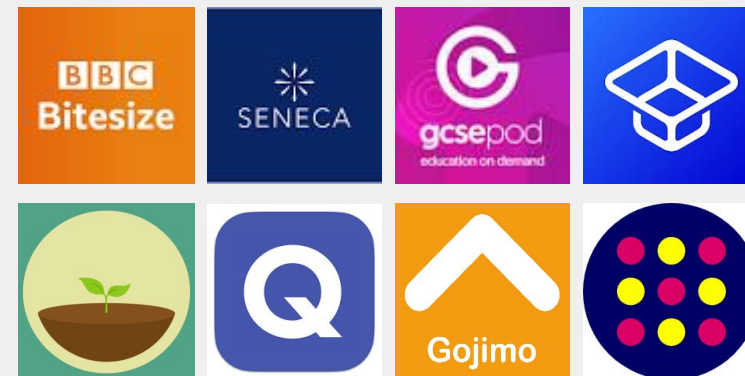
- **DESCRIPTION:** WRITING CONCISE NOTES TO SIMPLIFY AND CLARIFY CONTENT.
- **EXAMPLE:** SUMMARIZE MACBETH'S PLOT IN BULLET POINTS OR CREATE A ONE-PAGE CHEAT SHEET ON ALGEBRAIC EQUATIONS.



[LINK TO CREATING SUMMARY NOTES](#)

9. USING APPS AND ONLINE TOOLS

- **DESCRIPTION:** LEVERAGING DIGITAL RESOURCES FOR INTERACTIVE LEARNING.
- **EXAMPLE:** USE QUIZLET TO CREATE CUSTOM FLASHCARDS OR WATCH YOUTUBE TUTORIALS FOR DIFFICULT TOPICS LIKE TRIGONOMETRY.



[LINK TO USEFUL APPS FOR GCSE REVISION](#)



10. POMODORO TECHNIQUE

- **DESCRIPTION:** STUDYING IN FOCUSED INTERVALS WITH SHORT BREAKS IN BETWEEN.
- **EXAMPLE:** STUDY GEOGRAPHY FOR 25 MINUTES, TAKE A 5-MINUTE BREAK, THEN REPEAT. USE A TIMER TO STAY ON TRACK.

The Pomodoro Technique

1. Identify your tasks



3. Wait until the timer rings



2. Set 25 minutes on a timer



4. Take a 5 minute break

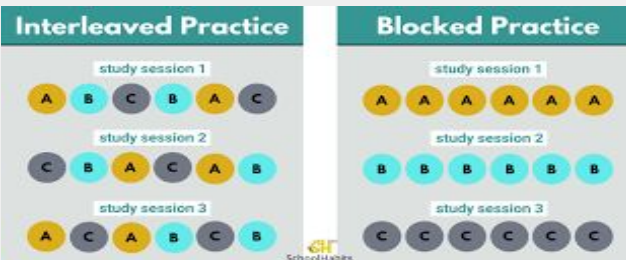


Repeat & after the 4th cycle take a 25 minute break

[LINK TO THE POMODORO TECHNIQUES INFORMATION](#)

11. INTERLEAVED PRACTICE

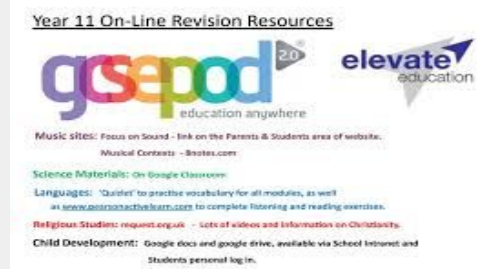
- **DESCRIPTION:** MIXING DIFFERENT TOPICS OR SUBJECTS WITHIN A SINGLE REVISION SESSION RATHER THAN FOCUSING ON ONE AREA FOR AN EXTENDED TIME.
- **EXAMPLE:** SPEND 20 MINUTES REVISING ENGLISH LITERATURE, THEN SWITCH TO SOLVING MATHS PROBLEMS, AND END WITH A SCIENCE QUIZ. ALTERNATE THE ORDER DAILY.



[LINK TO INTERLEAVED PRACTICE INFORMATION](#)

12. AUDIO LEARNING

- **DESCRIPTION:** USING AUDITORY RESOURCES LIKE PODCASTS, RECORDED NOTES, OR VIDEOS TO REINFORCE LEARNING.
- **EXAMPLE:** RECORD YOURSELF SUMMARIZING A TOPIC (E.G., BIOLOGY CELL STRUCTURE) AND LISTEN TO IT WHILE COMMUTING OR BEFORE SLEEP. ALTERNATIVELY, USE GCSE-SPECIFIC PODCASTS OR YOUTUBE TUTORIALS.



[LINK TO GCSE POD](#)

BBC
BITESIZE

Quizlet

GCSE REVISION

GetRevising
learn together

 **gcsepod**
education on demand

StudyWise

 **revision world**

 **SENECA**
Learn 2x faster. For free.

 **save my exams**

 **PMT**
resources • tuition • courses

 **COGNITO**

 **The EverLearner**