



KS5 BTEC SPORT CURRICULUM JOURNEY

FURTHER STUDY

Degree level courses

CAREER PATHS

• University, apprenticeships

SKILLS

• Critical analysis, oracy, extended essay writing, assignment writing

Assessment: FINAL SUBMISSION
Assignment 2 - Internally Assessed Coursework – Unit 3 & Unit 5

Assessment: Internally Assessed Coursework – Unit 3 & Unit 5

Assessment: FINAL SUBMISSION
Assignment 1 Internally Assessed Coursework – Unit 5

RESIT OPPORTUNITY JUNE
Assessment: Unit 1 External Exam – 1.5 hrs
Unit 2 – External Assessment 2.5 hrs

Unit 3: Professional Development – Assignment 2
Independent write up – ‘Applying for a job in the Sports Industry’

Unit 5: Fitness Testing
Assignment 1:
Independent write up – ‘Fitness profiling’

Unit 3: Professional Development
LD : Reflect on the recruitment and selection process and your individual performance

Unit 5: Fitness Testing
LC Undertake evaluation and feedback of fitness test results

Unit 3: Professional Development

LC Undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer in a selected career pathway

Unit 5: Fitness Testing
Assignment 1:
Independent write up – ‘Investigating and implementing fitness testing practices’

Assessment: Unit 1 External Exam – 1.5 hrs
Unit 2 – External Assessment 2.5 hrs

RESIT OPPORTUNITY JANUARY
Assessment: Unit 1 External Exam – 1.5 hrs
Unit 2 – External Assessment 2.5 hrs

Unit 3: Professional Development – Assignment 1
Independent write up – ‘Careers in Sport’

Unit 5: Fitness Testing
LB Explore fitness tests for different components of fitness

Unit 1: Anatomy & Physiology
Revision and exam preparation

Unit 2: Fitness Training and Programming
Revision and Controlled Assessment preparation.

Unit 1: Anatomy & Physiology
External Exam – May/June.

Unit 2: Fitness Training and Programming
External Exam – May/June.

Unit 3: Professional Development

LA Understand the career and job opportunities in the sports industry

Unit 3: Professional Development

LB Explore own skills using a skills audit to inform a career development action plan

Unit 5: Fitness Testing
LA Understand the principles of fitness testing

YEAR 13

Assessment: Internally Assessed Coursework – Unit 3 & Unit 5

Assessment: FINAL SUBMISSION
Assignment 1 Internally Assessed Coursework – Unit 3

Unit 1: Anatomy & Physiology
Skeletal, Muscular
Cardiovascular, Respiratory, Energy – Synoptic Links

Unit 2: Fitness Training and Programming

LD Examine training methods for different components of fitness
LE Understand training programme design

Unit 1: Anatomy & Physiology
Skeletal, Muscular
Cardiovascular, Respiratory – Synoptic Links

Unit 2: Fitness Training and Programming
LC Understand programme-related nutritional needs

Unit 1: Anatomy & Physiology
Skeletal, Cardiovascular, Energy – Synoptic Links

Unit 2: Fitness Training and Programming
LA Examine lifestyle factors
LB Understand the screening processes

YEAR 12

Assessment: Synoptic Assessment Unit1: Anatomy & Physiology

Assessment: Synoptic Assessment Unit1: Anatomy & Physiology

Assessment: Synoptic Assessment Unit 1: Anatomy & Physiology

SUBJECT SKILL

Assignment writing skills
Terminology

SUBJECT SKILL

Referencing sources of information

SUBJECT SKILL

Analysis and Interpretation of Data

SUBJECT SKILL

Interview Skills & Report Writing