



A LEVEL PE CURRICULUM JOURNEY

FURTHER STUDY

- Degree level courses

CAREER PATHS

- University, apprenticeships, job roles within Sports Science, PE teaching

SKILLS

- Critical analysis, oracy, extended essay writing, critical analysis, objective reasoning, interpretation of data

Assessment: Final OCR exam papers 1, 2 & 3

**Assessment: Mock exam paper 90 marks
Mock exam paper 60 marks.
Mock exam paper 60 marks**

Assessment: Synoptic Year 12/13 content, levers, linear motion, technology
Synoptic Year 12/13 content, leadership in sport
Synoptic Year 12/13 content, Global Sporting Events

Assessment: Synoptic Biomechanical principles, injury
Synoptic of topics to-date; confidence and self-efficacy in sport. **Synoptic Emergence of evolution and Modern Sport – Pre-Industrial Britain to 21st Britain**



Biomechanics
Projectile motion
Magnus force

Stress Management
Cognitive & somatic stress management techniques

Global Sporting Events
*Hosting global Sporting events

Biomechanics
Fluid mechanics
Angular motion
Leadership in Sport
Characteristics & theories of leadership
Global Sporting Events
*The Modern Olympic Games

Injury
Types, treatment, prevention

Biomechanics
Levers & Motion
Axes of rotation

Confidence and Self-Efficacy in Sport
Vealey & Bandura

Emergence and evolution of modern sport
20th Century Britain and 21st Century Britain

Assessment: EYE synoptic paper 80 marks. Synoptic paper x 2 60 marks

Assessment: October exam 90 marks, synoptic paper, synoptic paper x 2 60 marks

Training: Flexibility

Skill Acquisition Guidance, Feedback
Methods of Guidance:
Types and uses of feedback

Modern Technology in Sport
*The extent to which modern technology has affected elite level sport and general participation

Biomechanical Principles
Newtons laws, force, centre of mass

Memory Models
Atkinson and Shiffren's multi-store memory model. Craik and Lockhart's levels of processing model

Modern Technology in Sport
*the extent to which modern technology has increased/limited fair outcomes/entertainment

Diet and nutrition
Components, energy balance

Emergence and evolution of modern sport
* Pre & Post Industrial Britain and the influence of Public Schools

Ergogenic aids
Pharmacological & physiological aids

Group and Team Dynamics in Sport
Goal Setting in Sports Performance;

Training: Aerobic, strength,

Principles and Theories of Learning Movement Skills

Routes to Sporting Excellence in the UK
Talent Identification
*The role of schools, clubs and universities in elite sport.
*The role of UK Sport and National Institutes
*Strategies to address drop out/failure rates

Body systems
Respiratory

Transfer of Skills, Stages of Learning
Types of transfer:
Characteristics of the stages of learning

Commercialisation & Media
Positive and Negative Impacts , Change in role between 1980's & today

Body systems
Skeletal, Cardiovascular

Classification of Skills;
Types and Methods of Practice

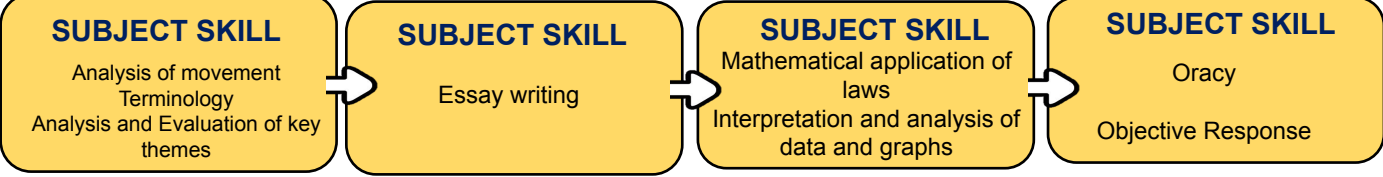
Ethics and Deviance
Drugs and Doping, Violence in Sport, Gambling in Sport



Assessment: body systems, training methods, Synoptic Assessment plus theories of learning Synoptic Assessment Ethics and Deviance, Commercialisation and Media, and Routes to Sporting Excellence

Assessment: Body systems
Synoptic plus transfer of learning; stage of learning
Synoptic Assessment Ethics and Deviance and Commercialisation and Media

Assessment: Synoptic Assessment on Body Systems
Classification of skill; practice methods
Synoptic Assessment on Ethics and Deviance



Assessment: Group and team dynamics, goal setting and attribution Synoptic Assessment on Emergence and Evolution of Modern Sport – Pre Industrial Britain to Post Industrial Britain including the influence of Public Schools