

SIXTH FORM PSHE CURRICULUM JOURNEY

Financial Choices

- Budgeting at University
- Exploring a payslip
- ☐ Trading & Investment over time
- ☐ Consumer rights & customer service
- Understanding rental contracts
- Being financially savvy
- ☐ Problematic gambling

Forming Respectful **Relationships**

- Importance of building
- relationships

 Importance of family & friends
- Online dating & personal
- ☐ Exploring emotional
- □ Avoiding toxic friendships
 □ Power difference in relationships
- Breaking up relationships

Sexual Health & **Self Concept**

- Managing life's phases
- ☐ Body image & pressure to conform
- □ Appearance Vs reality
- Body modifications
- □ Revisitings STI's
- ☐ Importance of sexual health
- □ Sexual health misconceptions

Contraception & Parenthood

Routes to parenthood

- Unintended pregnancies & options
- Fertility & what impacts it
 - Pregnancy, motherhood & employment
- Menstrual charting
- Consent & boundaries Revisiting contraception

Employment & Responsibilities

- ☐ Sixth formers & employment rules
- **Building professional** relationships
- What is professional conduct?
- Confidentiality in the workplace
- ☐ The Gig economy explained
- Bullying & harassment in the workplace
- ☐ Striking & Trade Union

Bully, Abuse & Risk, personal Discrimination safety & drugs

- ☐ Gaslighting & Emotional abuse
- Coercion & controlling behaviour
- ☐ Sharia Law & honour-based violence
- ☐ Harassment & Stalking ☐ Child-on-child abuse
- De-escalating aggressive situations
- Culture & Diversity

Media Literacy & Digital Resilience

- ☐ Managing online safety & privacy
- Online reputation
- ☐ Importance of Networking & Linkedin
- Media literacy & digital resilience
- ☐ Critical media literacy skills
- Photoshop, airbrushing & fake news
- Extremism & radicalisation

Relationship, Values & Consent

- Types of relationships
- ☐ Relationship values

☐ Getting home safely

aid

□ Going abroad and safely

☐ Importance of basic first

☐ Alcohol & being assertive

☐ The police, organised

□ Drugs, alcohol & work ☐ Decisions, drink spiking &

crime & gangs

drink drivers

- ☐ Prejudice & Discrimination
- ☐ Consent, sexual norms & expectations
- □ Consent around the world
- Police investigating sexual assaults
- □ Violence against women

Healthy Lifestyle & Mental Health

- Cancer & getting checked
- □ Vaccines & immunisation
- □ Recognising Illnesses
- ☐ Healthy diet on a budget
- Balancing work & supporting others □ Anxiety, depression & eating disorders
- Maintaining positives mental health

- Work, Careers & **Pathway Choices**
- ☐ Preparation for the workforce
- Being ambitious with my life goals
- ☐ Alternative to university
- ☐ Knowing my strengths & skills
- Producing a compelling CV
- ☐ Answering job interview questions
- ☐ Careers in a global economy

SKILL

TEAMWORK & LEADERSHIP



SKILL

PUBLIC SPEAKING



SKILL PROBLEM SOLVING **SKILL**

CREATIVITY & INNOVATION

SKILL

DECISION MAKING



SKILL LANNING & ORGANISATION



SKILL

RESILIENCE & STAYING POSITIVE



SIXTH FORM PSHE CURRICULUM JOURNEY

FURTHER CAREER STUDY PATHS

Financial Choices

- Budgeting at University
- Exploring a payslip
- ☐ Trading & Investment over
- □ Consumer rights & customer service
- ☐ Understanding rental contracts
- Being financially savvy
- Problematic gambling

Forming Respectful Relationships

- Importance of building relationships
- ☐ Importance of family & friends
- □ Online dating & personal safety ☐ Exploring emotional intimacy
- □ Avoiding toxic friendships
- ☐ Power difference in relationships
- ☐ Breaking up relationships

Contraception & Parenthood

- Routes to parenthood
- Unintended pregnancies & options
- ☐ Fertility & what impacts it
- ☐ Pregnancy, motherhood & employment
- Menstrual charting
- ☐ Consent & boundaries
- □ Revisiting contraception

Sexual Health & **Self Concept**

- Managing life's phases
- ☐ Body image & pressure to conform
- Appearance Vs reality
- Body modifications
- ☐ Revisitings STI's
- ☐ Importance of sexual health
- Sexual health misconceptions

Risk, personal safety & drugs

- ☐ Getting home safely ☐ Going abroad and
- safely ☐ Importance of basic
- first aid
- The police, organised crime & gangs
- ☐ Alcohol & being assertive
- □ Drugs, alcohol & work
- □ Decisions, drink spiking & drink drivers

Bully, Abuse & Discrimination

- Gaslighting & Emotional abuse
- □ Coercion & controlling behaviour
- ☐ Sharia Law & honour-based violence
- Harassment & Stalking
- ☐ Child-on-child abuse
- ☐ De-escalating aggressive situations
- Culture & Diversity

Media Literacy & Digital Resilience

- Managing online safety & privacy
- Online reputation
- Importance of Networking & Linkedin
- Media literacy & digital resilience
- ☐ Critical media literacy skills
- Photoshop, airbrushing & fake
- Extremism & radicalisation

Employment & Responsibilities

- □ Sixth formers & employment rules
- Building professional relationships
- What is professional conduct?
- ☐ Confidentiality in the workplace
- ☐ The Gig economy explained
- Bullying & harassment in the workplace
- ☐ Striking & Trade Union

Relationship, Values & Consent

- Types of relationships
- □ Relationship values
- ☐ Prejudice & Discrimination
- ☐ Consent, sexual norms & expectations
- Consent around the world
- Police investigating sexual assaults
- ☐ Violence against women

Healthy Lifestyle & Mental Health

- ☐ Cancer & getting checked
- □ Vaccines & immunisation
- □ Recognising Illnesses
- ☐ Healthy diet on a budget
- ☐ Balancing work & supporting others
- □ Anxiety, depression & eating disorders
- ☐ Maintaining positives mental health

Work, Careers & **Pathway Choices**

- ☐ Preparation for the workforce
- Being ambitious with my life goals
- ☐ Alternative to university
- ☐ Knowing my strengths & skills
- □ Producing a compelling CV
- ☐ Answering job interview questions
- ☐ Careers in a global economy

SKILL

TEAMWORK & LEADERSHIP



SKILL

PUBLIC SPEAKING

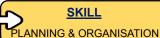


SKILL PROBLEM SOLVING **SKILL**

CREATIVITY & INNOVATION

SKILL

DECISION MAKING



SKILL



SKILL

RESILIENCE & STAYING POSITIVE