



SIXTH FORM PSHE CURRICULUM JOURNEY

Financial Choices

- Budgeting at University
- Exploring a payslip
- Trading & Investment over time
- Consumer rights & customer service
- Understanding rental contracts
- Being financially savvy
- Problematic gambling

Forming Respectful Relationships

- Importance of building relationships
- Importance of family & friends
- Online dating & personal safety
- Exploring emotional intimacy
- Avoiding toxic friendships
- Power difference in relationships
- Breaking up relationships

Sexual Health & Self Concept

- Managing life's phases
- Body image & pressure to conform
- Appearance Vs reality
- Body modifications
- Revisiting STI's
- Importance of sexual health
- Sexual health misconceptions

Contraception & Parenthood

- Routes to parenthood
- Unintended pregnancies & options
- Fertility & what impacts it
- Pregnancy, motherhood & employment
- Menstrual charting
- Consent & boundaries
- Revisiting contraception

Employment & Responsibilities

- Sixth formers & employment rules
- Building professional relationships
- What is professional conduct?
- Confidentiality in the workplace
- The Gig economy explained
- Bullying & harassment in the workplace
- Striking & Trade Union

Risk, personal safety & drugs

- Getting home safely
- Going abroad and safely
- Importance of basic first aid
- The police, organised crime & gangs
- Alcohol & being assertive
- Drugs, alcohol & work
- Decisions, drink spiking & drink drivers

Bully, Abuse & Discrimination

- Gaslighting & Emotional abuse
- Coercion & controlling behaviour
- Sharia Law & honour-based violence
- Harassment & Stalking
- Child-on-child abuse
- De-escalating aggressive situations
- Culture & Diversity

Media Literacy & Digital Resilience

- Managing online safety & privacy
- Online reputation
- Importance of Networking & LinkedIn
- Media literacy & digital resilience
- Critical media literacy skills
- Photoshop, airbrushing & fake news
- Extremism & radicalisation

YEAR 13

YEAR 12

Relationship, Values & Consent

- Types of relationships
- Relationship values
- Prejudice & Discrimination
- Consent, sexual norms & expectations
- Consent around the world
- Police investigating sexual assaults
- Violence against women

Healthy Lifestyle & Mental Health

- Cancer & getting checked
- Vaccines & immunisation
- Recognising illnesses
- Healthy diet on a budget
- Balancing work & supporting others
- Anxiety, depression & eating disorders
- Maintaining positives mental health

Work, Careers & Pathway Choices

- Preparation for the workforce
- Being ambitious with my life goals
- Alternative to university
- Knowing my strengths & skills
- Producing a compelling CV
- Answering job interview questions
- Careers in a global economy

SKILL

TEAMWORK & LEADERSHIP

SKILL

PUBLIC SPEAKING

SKILL

PROBLEM SOLVING

SKILL

CREATIVITY & INNOVATION

SKILL

DECISION MAKING

SKILL

PLANNING & ORGANISATION

SKILL

RESILIENCE & STAYING POSITIVE



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<u>FURTHER STUDY</u>		<u>CAREER PATHS</u>	

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